

POST BASIC BACHELOR OF SCIENCE (NURSING)
F. Y. P. B. B. Sc. (Nursing) :SUMMER : 2023
SUBJECT : NUTRITION & DIETETICS

Day : Friday

Time : 10:00 AM-11:30 AM

Date : 14-07-2023

S-5657-2023

Max. Marks : 35

N.B.:

- 1) All questions are **COMPULSORY**.
 - 2) Figures to the right indicate **FULL** marks.
 - 3) Answers to both the sections should be written in **SEPARATE** answer books.
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SECTION – I

Q.1 Write short notes on **ANY FOUR** of the following: **[20]**

- a) Menu planning
- b) Prevention of Food Adulteration Act (PFA)
- c) Nutritional anaemia
- d) Functions of protein
- e) Vitamin A deficiency
- f) Advantages of breast feeding

SECTION – II

Q.2 Write long questions on **ANY ONE** of the following:

- a) Write the functions of carbohydrates. **[06]**
- b) Discuss dietary management of patient with diarrhoea. **[04]**
- c) Define BMR and discuss various factors affecting BMR. **[05]**

OR

- a) Explain the effects of cooking and heat processing on the nutritive value of foods. **[08]**
- b) Dietary management of patient with peptic ulcer. **[07]**

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POST BASIC BACHELOR OF SCIENCE (NURSING)
F. Y. P. B. B. Sc. (Nursing) : : SUMMER - 2022
SUBJECT : NUTRITION & DIETETICS

Day : Thursday
Date : 2/6/2022

S-5657-2022

Time : 10:00 AM-11:30 AM
Max. Marks : 35

N.B.:

- 1) All questions are **COMPULSORY**.
 - 2) Figures to the right indicate **FULL** marks.
 - 3) Answers to both the sections should be written in **SEPARATE** answer books.
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SECTION – I

Q.1 Write short notes on **ANY FOUR** of the following: **[20]**

- a) Therapeutic diet
- b) ICDS programme
- c) Anthropometric assessment
- d) Functions of sodium
- e) Substitutes for non-vegetarian
- f) Food hygiene

SECTION – II

Q.2 Write long questions on **ANY ONE** of the following:

- a) Dietary management of patients with hypertension. **[07]**
- b) Nutritional problems in India. **[08]**

OR

- a) Write the dietary management in obesity. **[07]**
- b) Dietary management in chronic renal failure. **[08]**

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F. Y. P. B. B. SC. (NURSING) : SUMMER - 2021
SUBJECT : NUTRITION AND DIETETICS

Day : Wednesday
Date : 16.06.2021

Time : 10.00 A.M. To 11:30AM.
Max. Marks : 35

S2021-5657

N. B. :

- 1) All questions are **COMPULSORY**.
- 2) Figures to the right indicate **FULL** marks.
- 3) Answers to both the sections should be written in **SEPARATE** answer books.
- 4) Draw neat and labelled diagrams **WHEREVER** necessary.

SECTION – I

- Q.1** Write short notes on **ANY FOUR** of the following **(20)**
- a) Milk hygiene
 - b) Methods of food preservation
 - c) Proteins
 - d) Micronutrients
 - e) Dietary management in cardiovascular diseases
 - f) Vitamin B Complex

SECTION – II

- Q.2** Write long questions on **ANY ONE** of the following
- a) Nutritional problems in India. **(06)**
 - b) Explain Mid-Day Meal Programme. **(04)**
 - c) Explain balanced diet and its importance. **(05)**

OR

- a) Principles and methods of cooking. **(06)**
- b) Digestion of fats. **(05)**
- c) Classification of Proteins. **(04)**

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F. Y. P. B. B. SC. (NURSING) : SUMMER – 2020
SUBJECT : NUTRITION AND DIETETICS

Day : Saturday
Date : 05-12-2020

Time : 9:00AM TO 12:00NOON
Max. Marks : 35

S-2020-5657

N. B. :

- 1) All questions are **COMPULSORY**.
- 2) Figures to the right indicate **FULL** marks.
- 3) Answers to both the sections should be written in **SEPARATE** answer books.
- 4) Draw neat and labelled diagrams **WHEREVER** necessary.

SECTION – I

- Q. 1** Write short notes on **ANY FOUR** of the following **(20)**
- a) Dietary Management in CRF
 - b) Enlist the macronutrients and explain any one in detail
 - c) Feeling of normal infant
 - d) ICDS
 - e) Vitamin C
 - f) Principles of Weaning

SECTION – II

- Q. 2** Write long questions on **ANY ONE** of the following
- a) Define B. M. R. and explain factors affecting BMR. **(05)**
 - b) Explain various methods of cooking. **(06)**
 - c) Functions of vitamin D. **(04)**

OR

- a) Difference between Kwashiorkor and Marasmus. **(05)**
- b) Food Adulteration Act. **(04)**
- c) Prepare a one day menu plan for Diabetic Patient. **(06)**

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F. Y. P. B. B. SC. (NURSING) : SUMMER - 2019

SUBJECT: NUTRITION AND DIETETICS

Day: Thursday
Date: 02/05/2019

S-2019-4364

Time: 10.00 A.M. TO 11.30 A.M.
Max. Marks: 35

N.B.:

- 1) All questions are **COMPULSORY**.
- 2) Figures to the **RIGHT** indicate full marks.
- 3) Answers to both the sections should be written in **SEPARATE** answer book.

SECTION-I

Q.1 Write short notes on any **FOUR** of the following: **(20)**

- a) I.C.D.S.
- b) Methods of cooking
- c) Breast feeding
- d) Water soluble vitamins
- e) Nutrition fortification
- f) Iron

SECTION-II

Q.2 Answer any **ONE** of the following question:

- a) List the current nutrition problems in India. **(03)**
- b) Discuss national nutritional programmes in India **(05)**
- c) Discuss dietary management of underweight person. **(07)**

OR

- Q.2** a) Define therapeutic diet and discuss the types of therapeutic diet. **(05)**
- b) Define RDA and discuss the limitations of RDA. **(04)**
- c) What dietary modifications will you make while planning a diet for diabetic mellitus? **(06)**

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F. Y. P. B. B. SC. (NURSING) : SUMMER - 2018
SUBJECT : NUTRITION & DIETETICS

Day : Wednesday
Date : 02/05/2018

S-2018-3897

Time : **10.00 AM TO 11.30 00 AM**
Max. Marks : 05

N.B.

- 1) All questions are **COMPULSORY**.
- 2) Put a tick mark in the appropriate box.
- 3) Use blue/black ball point pen, only.
- 4) Section – I should be completed in 05 minute.
- 5) Each question carries 1 marks.
- 6) Students will not be allotted any marks if he/she overwrites strikes or puts ink on the box once marked.

Seat No. _____

Marks Obtained _____

Signature of Junior Supervisor _____

Signature of Examiner _____

SECTION – I

Q.1 Choose appropriate answer from the option given below: **(05)**

- 1) Which of the following is not the household method of food preservation and storage?
 - a) Cold storage (refrigerators)
 - b) Salting and pickling
 - c) Irradiation
 - d) Smoking

- 2) Which of the following is not included in naturopathy
 - a) Physiotherapy
 - b) Use of antibiotics
 - c) Use of herbal medicines
 - d) Homoeopathy

- 3) Protein energy malnutrition (PEM) is detected by
 - a) Weight for age %
 - b) Weight /Height %
 - c) Height/Age%
 - d) All of the above

P.T.O.

4) Mid day meal programme was initiated in the year

a) 1962 – 63

b) 1967 – 68

c) 1972 – 73

d) 1977 – 78

5) During her total pregnancy period, a pregnant women gains her weight from

a) 5 – 8 kg

b) 7 – 10 kg

c) 9 – 12 kg

d) 11 – 14 kg

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FY P.B. Bsc Nursing : SUMMER-2018

SUBJECT : NUTRITION & DIETETICS

Day : Wednesday
Date : 02-05-2018

Time : 10.00 AM To 11.30 AM
Max. Marks : 30

S-2018-3897

N.B.

- 1) All questions are **COMPULSORY**.
- 2) Figures to the right indicate **FULL** marks.
- 3) Answers to both the sections should be written in **SEPARATE** answer book.

SECTION - II

Q.2 Write short notes on **ANY THREE** of the following: **(15)**

- a) Functions of Iron
- b) Differentiate between Marasmus and Kwashiorkor
- c) Mid day meal programme
- d) Weaning diet
- e) Diet during Lactation

SECTION - III

Q.3 Write any **ONE** of the following questions:

- a) Write three functions of carbohydrate, proteins and fat. **(07)**
- b) What are the various methods of nutritional assessment? **(08)**

OR

- a) Dietary management in chronic renal failure. **(07)**
- b) Write the nutritional needs of the pregnant women with the menu plan. **(08)**

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(51)

RAJMACHI - I: APRIL / MAY, 2011
SUBJECT: NUTRITION AND DIETETICS

Day: Saturday
Date: 30-04-2011

Time: 9:00 A.M. To 10:30 A.M.
Max. Marks: 35

N.B.:

- 1) All questions are **COMPULSORY**.
- 2) Put a tick mark in the appropriate box.
- 3) Use **BLUE/ BLACK** ballpoint pen, only.
- 4) Section I should be completed in 10 minutes.
- 5) Each question carries 1 mark.
- 6) Students will not be allotted any marks if he/ she overwrites, strikes or puts ink on the box once marked.

SECTION-A

Q.1 Choose appropriate answer from the option given below: **(05)**

1. Excess amino acids is converted into
 - a) Glucose
 - b) Urea
 - c) Uric acid
 - d) All of the above

2. One of the following is incorrect in the list of food recommended for cardiovascular diseases.
 - a) Whole grain cereals and pulses
 - b) All vegetable and all fruits high fibre
 - c) Whole milk, butter, cheese, cream
 - d) Meat, egg white and fish

3. The water content of plasma is
 - a) 77%
 - b) 82%
 - c) 87%
 - d) 92%

P. T. O.

4. The richest sources of Iodine is

a) Green leafy vegetables

b) Meat

c) Sea foods

d) Milk

5. _____ is a diet which contains all nutrients in correct proportion.

a) Balanced

b) Healthy

c) Nutritious

d) None

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SECTION-B

Q.2 Write short notes on **ANY THREE** of the following: **(15)**

- a) Fat soluble vitamins
- b) Carbohydrate metabolism
- c) High protein diet
- d) Methods of food preservation
- e) Food hygiene

SECTION-C

- Q.3**
- a) Define therapeutic diet and explain the purpose and types of therapeutic nutrition. **(07)**
 - b) Explain the dietary management to a patient with chronic renal failure who is on regular hemodialysis. **(08)**

OR

- a) Dietary management for pre operative and post operative patient. **(08)**
- b) Dietary management of patient with fever. **(07)**

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RAJMACH - I: APRIL / MAY - 2012
SUBJECT : NUTRITION & DIETETICS

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Day : Saturday
Date : 28-04-2012

Time : —
Max. Marks : 05

N.B.:

- 1) All questions are **COMPULSORY**.
- 2) Put a tick mark in the appropriate box.
- 3) Use blue/black point pen, only.
- 4) Section - I should be completed within 5 minutes.
- 5) Each question carries **ONE** mark.
- 6) Students will not be allotted marks if he or she overwrite, strikes or puts ink on the box once marked.

Seat No: _____

Total Marks Obtained: _____

Jr. Signature: _____

Examiner signature: _____

SECTION - I

Q.1 M.C.Qs:

- 1) For growth and repair of our body we require _____
 - a) Fats
 - b) Proteins
 - c) Carbohydrate
 - d) Vitamins
- 2) 1 teaspoon of sugar will give _____ kcal.
 - a) 40 kcal
 - b) 35 kcal
 - c) 30 kcal
 - d) 20 kcal
- 3) Green leafy vegetables are rich in _____.
 - a) Protein
 - b) Carbohydrate
 - c) Fibre
 - d) Fats
- 4) The richest source of Iodine is _____.
 - a) Green leafy vegetables
 - b) Sea foods
 - c) Meat
 - d) Milk
- 5) Fatty acids which are liquid at room temperature is _____.
 - a) Unsaturated fatty acids
 - b) Polyunsaturated fatty acids
 - c) Saturated fatty acids
 - d) Essential fatty acids

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(94)

RAJMACH - I: APRIL / MAY - 2012
SUBJECT : NUTRITION & DIETETICS

Day : Saturday
Date : 28-04-2012

Time : 9:00 AM TO 10:30 AM
Max. Marks : 30

N.B.:

- 1) All questions are **COMPULSORY**.
- 2) Figures to the right indicate **FULL** marks.
- 3) Draw diagrams **WHEREVER** necessary.
- 4) Answers to both the sections should be written in the **SEPARATE** answer books.

SECTION - II

Q.2 Write short notes on **ANY THREE** of the following: [15]

- a) Mid Day Meal Programme ✓
- b) Nutrition during Pregnancy
- c) Digestion of food in Mouth ✓
- d) Community Nutrition Programme ✓
- e) Methods of Food Preservation ✓

SECTION - III

Q.3 Answer **ANY ONE** of the following:

You are posted as Public Health Nurse at a PHC. You have been instructed to plan a nutritional assessment programme for pre-school children.

- a) Enlist different assessment methods. [08]
- b) Explain dietary management at home for protein energy malnutrition. [07]

OR ✓

- a) What are the factors affecting menu planning? [07]
- b) What steps do you follow while preparing infant food? [08]

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