

SUMMARY

1. Sandhigata Vāta is the one of the Vāta Vyādhi described by Ayurvedic Saṃhitā.
2. Literary review for the present study i.e. Historical and previous review were taken. Literary review of Jānusandhigat Vāta, Jānubasti, Agnikarma , Twaka Śarīra ,Twaka Kriyā, Sandhiśarīra and physiology of pain.
3. Jānusandhigat Vāta Nidānpancak is explained .
4. The review of modern literatures of Osteoarthritis is described.
5. Concept of Jānubasti described in detail.
6. The detail description of the individual drugs of Sahacar Taila is described. The properties and role of Sahacar Taila Jānubasti in Jānusandhigata Vāta is described.
7. The cases were analyzed in the basis of case record form.
8. In material and methods, the study design is mentioned.
9. Method of Assessments of Symptoms of Jānusandhigata Vāta described in detail.
10. In statistical analysis, for quantitative data applied to study the efficacy of Jānubasti as well as Agnikarma the Paired t test were calculated by using the **repeated measures of ANOVA** and for comparison **two sample t test**. For qualitative data the obtained information was analyzed statistically by using **Friedman test** and for assessment **Mann Whitney u** test was carried out for both treatments.
11. The efficacy of Jānubasti with Sahacar Taila and Agnikarma with Tāmraśalākā in the symptoms of Jānusandhigata Vāta.
12. Thus we can summarize that Jānubasti with Sahacar Taila and Agnikarma with Tāmraśalākā are equally effective in Jānusandhigata Vāta.