

CERTIFICATION OF GUIDE

This is to certify that the work incorporated in the thesis entitled "**A Study Of Work Life Balance And Its Impact On Professional Couples**" Submitted by **Ms. Sonal Subhash Mahajan** for the degree of 'Doctor of Philosophy' in the subject of **Management Studies** under the faculty of **Management studies** has been carried out in the Department of **Management Studies**, Bharati Vidyapeeth's Deemed University, **Institute of Management and Entrepreneurship Development**, Pune during the period from **November 2012** to **June 2016**, under my direct supervision/ guidance.

Place: Pune

Date:

Prof. Dr. Neelam Lal
Research Guide

DECLARATION BY THE CANDIDATE

I hereby declare that the thesis entitled "**A Study Of Work Life Balance And Its Impact On Professional Couples**" submitted by me to the Bharati Vidyapeeth University, Pune for the degree of **Doctor of Philosophy (Ph. D.)** in **Management studies** under the **Management Studies** original piece of work carried out by me under the supervision of **Dr. Neelam Lal**. I further declare that it has not been submitted to this or any other university or Institution for the award of any degree or diploma.

I also confirm that all the material which I have borrowed from other sources and incorporated in this thesis is duly acknowledged. If any material is not duly acknowledged and found incorporated in this thesis, it is entirely my responsibility. I am fully aware of the implications of such act which might have been committed by me advertently or inadvertently.

Place: Pune

Date:

Ms. Sonal Subhash Mahajan
Research Student

ACKNOWLEDGEMENT

Research work of this nature cannot be completed without the cooperation and guidance. So I would like to mention some words for the people those who have helped me in the completion of my research work.

I express my deep sense of gratitude to **Hon. Dr. Patangrao Kadam**, Founder & Chancellor and Respected **Dr. Shivajirao Kadam**, Vice Chancellor of Bharati Vidyapeeth Deemed University, Pune for being the source of inspiration and giving me an opportunity to undertake this research work in their global University which is well known for the variety of programs offered over here.

I am grateful for the course of research which is carried out under the subject of Management studies from Bharati Vidyapeeth Deemed University, Institute of Management and Entrepreneurship Development (IMED).

I am grateful and would specially like to thank **Dr. Sachin S. Vernekar**, Director, Institute of Management and Entrepreneurship Development (IMED), Pune for his constant encouragement, valuable guidance and motivation of keeping me on my best foot forward for completion helped me in the research work.

It is indeed a great privilege to record my indebtedness to **Prof. Dr. Neelam Lal**, Professor, Institute of Management and Entrepreneurship Development (IMED) Pune, who in spite of her busy schedule, spared time with me for guiding the details of the research. Her encouragement and advice helped me throughout the course of research. This research work would not have been possible without her support and guidance. I have been fortunate to have such a great person as my research guide.

I express my deep sense of gratitude to members of research committee **Dr. S.V. Kadvekar, Dr. Ashok Joshi and Dr. Anil Keskar** for their consistent guidance, constructive suggestion and timely criticisms and provided all these in substantial measures for successful completion of the research work.

I am indebted to thank my parents **Dr. Subhash K. Mahajan and Mrs. Mona S. Mahajan**, my brother **Mas. Yash S. Mahajan** and all other family members who have been a major support and a constant motivation for my research work. I would also like to thank my grandparents for being there every time whenever I needed an inspiration moral support. All their help is been always remarkable throughout my research study and in all my academic pursuits. I appreciate the support to me by my in laws and my husband **Mr. Ganesh Narkhede** and the help I got from him in all the way. I also appreciate the love and affection which has been given to me by my little son **Rishabh** during the research work.

A number of friends, colleagues and relatives have helped me in completing this research work. I am grateful to each and every one of them.

My sincere thank to all the teaching and non teaching staff of Bharati Vidyapeeth Deemed University and All India Shri Shivaji Memorial Society Institute of Management, who have supported and provided me all the necessary facilities in this research work without this my research work would not have been possible.

Ms. Sonal S. Mahajan
Research Student

DEDICATED TO

MY BELOVED,

Mom, Dad,

Yash,

Aai, Pappa.

Ganesh And Rishabh.

*They all are the most important part of my life who gave
me unconditional love and support every single time.*

And I devote all my efforts to them...!

