

panchakarma

**MACHINDRAGAD (2012 COURSE) : SUMMER – 2017**  
**SUBJECT : PAPER – II : VAMANA AND VIRECHANA KARMA**

Day : Tuesday  
Date : 20/06/2017

Time 10.00 AM TO 01.00 PM  
Max. Marks : 100

**N.B.**

- 1) All questions are **COMPULSORY**.
- 2) Figures to the right indicate **FULL** marks.
- 3) Draw neat and labeled diagrams wherever necessary

Long Answer Questions: ( Attempt any **THREE** out of **FOUR**) (60)

- Q.1** Describe Vaman karmuktva according to Ayurveda and modern view.
- Q.2** Discuss the role of Virechana in proportion of health, prevention and treatment of disease.
- Q.3** Write indications of Virechana and describe Virechana procedure in detail.
- Q.4** Describe Vamana and Virechana vyapadas and their management.

Short Answer Questions: ( Attempt any **TWO** out of **THREE**) (20)

- Q.5** Describe Sansarjan karma in Samyak yoga, Ayoga and Atiyoga of Vamana.
- Q.6** Describe role of Shodhan Chikitsa in Pandu Vyadhi.
- Q.7** Write Madanaphala samgraha vidhi and Madhanaphala yoga explain in Charak Kalpasthana and used in practices.

- Q.8** Write short notes on **ANY FOUR**: (20)
- a) Katuki
  - b) Sadyo Vamana
  - c) Vaghatokta Vamana Dravya
  - d) Vaman Ayogavashta and Chikitsa
  - e) Assessment of shuddhi of Virechana

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**MACHINDRAGAD (2012 COURSE) : SUMMER – 2017**  
**SUBJECT : PAPER –I : PURVA KARMA – SNEHANA AND SVEDANA**

Day : Monday  
Date : 19/06/2017

Time 10.00 AM TO 01.00 PM  
Max. Marks : 100

**N.B.**

- 1) All questions are **COMPULSORY**.
- 2) Figures to the right indicate **FULL** marks.
- 3) Draw neat and labeled diagrams wherever necessary

Long Answer Questions: ( Attempt any **THREE** out of **FOUR**) **(60)**

- Q.1** Explain the Sutra “Svednam Sneha Samyuktam Pakshaghate Virechnam”.
- Q.2** Describe ‘Murdha taila’ with reasons why they are considered Uttarottar superior.
- Q.3** Give indications and contraindications of Svedan with reasons.
- Q.4** Interpret and explain the sutra “Grihnati Ambu Yatha Vastram”.

Short Answer Questions: ( Attempt any **TWO** out of **THREE**) **(20)**

- Q.5** Explain Shodhanottar Pariharya Vishay and Kala.
- Q.6** Describe digestion and metabolism of fat.
- Q.7** Explain the Vicharana Sneha and its utility in clinical practice.

- Q.8** Write short notes on **ANY FOUR**: **(20)**
- a) Talpothichilla
  - b) Relevance of Vishrama kala before Shodhana
  - c) Samyak Swinna Lakshana
  - d) Bahudosha awastha symptoms
  - e) Patrapottali Sveda

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**RAVI 2012 COURSE : SUMMER – 2017**  
**SUBJECT : PAPER II : PANCHAKARMA**

Day : Wednesday  
Date : 21/06/2017

Time : 10.00 AM TO 01.00 PM  
Max. Marks : 100

**N.B.**

- 1) All questions are **COMPULSORY**.
- 2) Use separate answer sheets for each section.
- 3) Draw neat diagrams wherever necessary.

**SECTION – A**

- Q.1** Describe applied aspects of Trividha, Ashta Vidha and Dasha Vidha Pariksha and their correlation in Panchakarma. (15)
- Q.2** Define Chikitsa. Describe Antah and Bahir Parimarjana Chikitsa with its importance in Panchakarma. (15)
- Q.3** Explain Anatomy and Physiology of respiratory system and role of spirometry therein. (10)
- Q.4** Write short notes on any **TWO** of the following: (10)
- a) Differential diagnosis and investigations of Amavata and Vatarakta
  - b) Examinations and investigations of central nervous system
  - c) Applied anatomy of stomach and skin

**SECTION – B**

- Q.5** Describe indications, contraindications and Trividha Karma for Shodhan. (15)
- Q.6** Explain Pariharya Vishay and preparation of various Aahara Kalpana used after Panchakarma in detail. (15)
- Q.7** What are the areas of research in Panchakarma? (10)
- Q.8** Write short notes on any **TWO** of the following: (10)
- a) Organization structure of NABH
  - b) Shirodhara unit in ancient time and modification therein now
  - c) Importance of Panchkarma in healthy person

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**MACHINDRAGAD (2012 COURSE) : SUMMER – 2017**  
**SUBJECT : PAPER – III : BASTI KARMA AND NASYA KARMA**

Day : Thursday  
Date : 22/06/2017

Time 10.00 AM TO 01.00 PM  
Max. Marks : 100

**N.B.**

- 1) All questions are **COMPULSORY**.
- 2) Figures to the right indicate **FULL** marks.
- 3) Draw neat and labeled diagrams wherever necessary

Long Answer Questions: ( Attempt any **THREE** out of **FOUR**) **(60)**

- Q.1** Write types of Nasya and explain indications and contraindications.
- Q.2** Define Uttarbasti and describe procedure of Garbhashayagata uttarabasti.
- Q.3** Explain Nasya karmuktva according modern and Ayurveda view.
- Q.4** Discuss why Anuvasana is contra-indicated in Udara and Madhumeha.

Short Answer Questions: ( Attempt any **TWO** out of **THREE**) **(20)**

- Q.5** Explain indications and contraindications of dhumapana.
- Q.6** Discuss Nasya vyapada in detail.
- Q.7** Describe Erandamuladi Niruha and Erandamuladi Yapana with its reference.
- Q.8** Write short notes on **ANY FOUR**: **(20)**
- a) Mustadi Yapana Basti
  - b) Nasya dravya
  - c) Applied anatomy related to Nasya
  - d) Rationality behind mixing of Niruha Basti
  - e) Kavala and Gandusha

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**MACHINDRAGAD (2012 COURSE) : SUMMER – 2017**  
**SUBJECT : PAPER – IV : RAKTAMOKSHANA, PHYSIOTHERAPY AND**  
**DISEASEWISE PANCHAKARMA**

Day : Friday  
Date : 23/06/2017

Time 10.00 AM TO 01.00 PM  
Max. Marks : 100

**N.B.**

- 1) All questions are **COMPULSORY**.
- 2) Figures to the right indicate **FULL** marks.
- 3) Draw neat and labeled diagrams wherever necessary

Long Answer Questions: ( Attempt any **THREE** out of **FOUR**) (60)

- Q.1 Describe various types of Raktamokshan according to Doshawastha and discuss recent advances in Raktamokshan methods.
- Q.2 Discuss importance of Raktamokshana in Kushtha Roga.
- Q.3 Explain Osteoarthritis of Knee joint with its management by Panchakarma and physiotherapy.
- Q.4 Define physiotherapy and describe in detail IFT.

Short Answer Questions: ( Attempt any **TWO** out of **THREE**) (20)

- Q.5 Describe 'Raktamokshana atiyoga symptoms and its treatment.
- Q.6 Discuss the role of physiotherapy in the management of frozen shoulder.
- Q.7 Explain the role of physiotherapy exercises for Paralytical disorders.
- Q.8 Write short notes on **ANY FOUR**: (20)
  - a) Shringavcharan
  - b) Shodhan in thyroid disease
  - c) Pracchana
  - d) Rakta Pradoshaja Vyadhi
  - e) Importance of Physiotherapy

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