

F. Y. M. SC. (NURSING) (2008 COURSE) : SUMMER - 2018

SUBJECT : CLINICAL SPECIALITY – I: MENTAL HEALTH (PSYCHIATRIC) NURSING

Day : **Monday**
Date : **30/04/2018**

S-2018-3880

Time : **10.00 AM TO 01.00 PM**
Max. Marks : 75

N.B.:

- 1) All questions are **COMPULSORY**.
- 2) Figures to the right indicate **FULL** marks.
- 3) Answers to both the sections should be written in **SEPARATE** answer books.

SECTION – I

- Q.1** Answer **ANY TWO** of the following:
- a)
 - i) Define therapeutic communication. [02]
 - ii) Explain the therapeutic communication techniques. [04]
 - iii) Write in detail about therapeutic nurse patient relationship. [05]
 - b)
 - i) Define process recording. [01]
 - ii) Write the purpose and use of process recording. [04]
 - iii) Explain in detail about outline for Process Recording along with example. [06]
 - c)
 - i) Define self-esteem. [01]
 - ii) Identify the component of self-esteem. [04]
 - iii) Discuss the factors influences manifestation of low self-esteem. [06]
- Q.2** Write short notes on **ANY FIVE** of the following: [15]
- a) Current issues in Nursing
 - b) Mental Health Act
 - c) Role of a Psychiatric Nurse
 - d) Hypnosis
 - e) Causes of stress
 - f) Principle of Psychiatric Nursing

SECTION – II

- Q.3** Answer **ANY TWO** of the following:
- a)
 - i) Define stress. [02]
 - ii) Explain adaptation and maladaptation. [04]
 - iii) Discuss adoptive coping strategies in the management stress. [05]
 - b)
 - i) Define ECT. [01]
 - ii) Explain indication of ECT. [04]
 - iii) Mention the pre and post management and role of Nurse in ECT. [06]
 - c)
 - i) Define Guidance and counselling. [01]
 - ii) Explain Liaison Psychiatric Nursing. [04]
 - iii) Mention the steps of Guidance and counselling. [06]
- Q.4** Write short notes on **ANY FOUR** of the following: [16]
- a) Concepts of normal and abnormal behavior
 - b) Interpersonal Model
 - c) Theory of grief
 - d) Milieu therapy
 - e) Civil rights of mentally ill patient

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