

**M.D. (Panchkarma) : SUMMER - 2019**  
**SUBJECT: PAPER-I: PURVA KARMA- SNEHANA AND SVEDANA**

Day: Monday  
Date: 17/06/2019

**S-2019-4213**

Time: 10.00 AM TO 01.00 PM  
Max. Marks: 100

**N.B.:**

- 1) Figures to the right indicate **FULL** marks.
- 2) Draw neat diagram **WHEREVER** necessary.

**Long Answer Questions (LAQ)  $3 \times 20 = 60$  marks (ANY THREE out of FOUR)**

- Q.1** Describe Pachan and Rukshan Chikitsa prior to Snehan with their drugs, duration and Samyak Lakshanas. (20)
- Q.2** Describe different massage techniques of western countries and method of Abhyanga according to Ayurved. (20)
- Q.3** Explain indications and contraindications of Swedana in general with reason. Describe Parisheka Vidhi in detail. (20)
- Q.4** Describe Karmukatwa of Snehan as a Purvakarma and as a Pradhankarma. Explain role of Shaman Snehan of Mahatiktak Ghrita in Kushtha. (20)

**Short Answer Questions (SAQ)  $2 \times 10 = 20$  marks (ANY TWO out of THREE)**

- Q.5** Write digestion and metabolism of fat in detail. (10)
- Q.6** Describe indications and contraindications of Sadyasneha and Acchasneha. (10)
- Q.7** Describe indications and contraindications of Snigdha and Ruksha Sankar Sweda, its examples and justification in different diseases. (10)

**Short notes  $4 \times 5 = 20$  marks (ANY FOUR out of FIVE)**

- Q.8** Different types of Lepa with its indications (05)
- Q.9** Avagaha Sweda with its drugs and uses (05)
- Q.10** Explain Brumhana and Shaman Sneha with its examples (05)
- Q.11** Dhanyamla Dhara (05)
- Q.12** Diet and Pathya during Snehana (05)

\* \* \* \* \*