

**M. D. / M.S. (AYURVED) PRELIMINARY (2017 COURSE) :**  
**SUMMER - 2019**  
**SUBJECT : PAPER – II (SWASTHA VRITTA)**

Day : Wednesday  
Date : 31/07/2019

Time 10.00 AM TO 01.00 PM  
Max. Marks : 100

**S-2019-4169**

**N.B.**

- 1) All questions are **COMPULSORY**.
- 2) Figures to the right indicate **FULL** marks.
- 3) Draw neat and labeled diagrams wherever necessary.
- 4) Answers to both the sections should be written in **SEPARATE** answer book.

**SECTION – I**

- Q.1** Define Vyadhikshamatva according to Ayurveda and explain role of Rasayana in prevention of diseases and promotion of health. **(15)**
- Q.2** Describe application of Ahar vidhi visheshayatan for protection of Health. **(15)**
- Q.3** Explain Role of Rutucharya in promotion of Health and describe Varsha-rutucharya in detail. **(10)**
- Q.4** Write short notes on any **TWO** of the following: **(10)**
- a) Prayogik dhumpana
  - b) Nidra nash hetu and Chikitsa
  - c) Yama and Niyam

**SECTION – II**

- Q.5** Explain epidemiological triad; concept of disease control and levels of prevention in detail. **(15)**
- Q.6** Explain sushrutokta water purification methods and describe House hold purification of water according to modern science. **(15)**
- Q.7** Explain Role of swastha vritta and Yoga in sports medicine. **(10)**
- Q.8** Write short notes on any **TWO** of the following: **(10)**
- a) Oral contraceptive pills
  - b) Prevention of obesity by Ayurveda
  - c) Vector control in Malaria

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