

M. D. (SWASTHAVRITTA) (2017 COURSE) : SUMMER - 2022  
SUBJECT : SWASTHAVRITTA  
PAPER -I : VAIYAKTIKA SWASTHAVRITTAM SADVRITTAM CHA  
(PERSONAL HYGIENE AND MORAL CONDUCT)

Day : Wednesday  
Date : 17.08.2022

Time : 10.00 A.M. To 1.00 P.M.  
Max. Marks : 100

518021-2022

N.B :

- 1) All questions are **COMPULSORY**.
- 2) Figures to the right indicate **FULL** marks.
- 3) Draw neat diagrams **WHEREVER** necessary.

**Long answer questions : (Any Three out of Four) [3 x 20 = 60 Marks]**

- Q.1 Describe Vyadhikshamatra and its importance in prevention of Diseases.
- Q.2 Describe Viruddhahara and its importance in prevention of Diseases.
- Q.3 Describe Concept of Vegas and its role in prevention of Diseases.
- Q.4 Describe Holistic Health according to Ayurveda and role of Swastharitta in it.

**Short answer questions: (Any Two out of Three) [2 x 10 = 20 Marks]**

- Q.5 Describe Prajnaparadha and its effect on Health.
- Q.6 Describe Genetics in Ayurveda and Modern Science.
- Q.7 Describe Rasayana procedures for Swastha.

**Short Notes : (Any Four out of Five) [4 x 5 = 20 Marks]**

- Q.8 Principles of Health Education
- Q.9 Principles of Dietetics
- Q.10 Role of Ayurveda in Mental Health
- Q.11 Balanced diet for Healthy Adult
- Q.12 Ritus and Health

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**AYURVEDA VACHASPATI (M.D.AYURVEDA) (2017 COURSE)**  
**Specialisation SWASTHAVRITTA :SUMMER- 2022**  
**SUBJECT : PAPER-II SAMAJIKA SWASTHAVRITTA AAVRITTAM (COMMUNITY HEALTH)**

Day : Thursday

Time : 10:00 AM-01:00 PM

Date : 18-08-2022

S-18022-2022

Max. Marks : 100

**N.B :**

- 1) All questions are **COMPULSORY**.
- 2) Figures to the right indicate **FULL** marks.
- 3) Draw neat diagrams **WHEREVER** necessary.

**Long answer questions : (Any Three out of Four) [3 x 20 = 60 Marks]**

- Q.1 Describe Family Welfare Programme and the role of Ayurveda in it.
- Q.2 Describe Non-Communicable Diseases in Community and the role of Ayurveda in them.
- Q.3 Describe Concept of Prevention according to Ayurveda and Modern Medicine.
- Q.4 Describe Occupational Health and Preventive Measures for Occupational Diseases.

**Short answer questions: (Any Two out of Three) [2 x 10 = 20 Marks]**

- Q.5 Describe Importance of School Health Services and contribution of Ayurveda in it.
- Q.6 Describe Environment and Community Health.
- Q.7 Describe Arthropods of Medical Importance and their Control Measures.

**Short Notes : (Any Four out of Five) [4 x 5 = 20 Marks]**

- Q.8 Design of Ideal Hospital.
- Q.9 Importance of Sewage Treatment.
- Q.10 Role of Ayurveda in Geriatrics.
- Q.11 Health Tourism
- Q.12 Medical Sociology

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**AYURVEDA VACHASPATI (M.D.AYURVEDA) (2017 COURSE)**  
**Specialisation SWASTHAVRITTA :SUMMER- 2022**  
**SUBJECT : PAPER-III SAMKRAMAKA ROGA PRATISHEDHAM EVAM**  
**SWASTHAVRITTAYAPRASHASANAM (EPIDEMIOLOGY AND HEALTH**  
**ADMINISTRA**

Day : Saturday

Time : 10:00 AM-01:00 PM

Date : 20-08-2022

S-18023-2022

Max. Marks : 100

**N. B. :**

- 1) All questions are **COMPULSORY**.
- 2) Figures to the right indicate **FULL** marks.
- 3) Draw neat and labelled diagrams **WHEREVER** necessary.

**Long Answer Questions: (Any Three out of Four) (3 × 20 = 60 Marks)**

- Q. 1** Describe Modern Concept of Epidemiology.
- Q. 2** Describe causes of Janapadodhdhwamsa and its prevention.
- Q. 3** Describe Investigation and control of Epidemic and probable role of Ayurveda in it.
- Q. 4** Describe National Health Policy and Possible Contribution of Ayurveda in it.

**Short Answer Questions: (Any Two out of Three) (2 × 10 = 20 Marks)**

- Q. 5** Describe Nosocomial Infection with suitable examples.
- Q. 6** Explain Health Administration in India.
- Q. 7** Describe Ayurvedic Concept of Health maintenance for Travelers.

**Write short notes: (Any Four out of Five) (4 × 5 = 20 Marks)**

- Q. 8** Importance of Vital Statistics
- Q. 9** International Health Agencies
- Q.10** Objectives of AYUSH
- Q.11** Importance of Disaster Management
- Q.12** Importance of Notification of Notifiable Diseases

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**AYURVEDA VACHASPATI (M.D.AYURVEDA) (2017 COURSE)**  
**Specialisation SWASTHAVRITTA :SUMMER- 2022**  
**SUBJECT : PAPER-IV YOGA EVAM NISARGOPACHARA (YOGA & NATURE**  
**CURE)**

Day : Monday

Time : 10:00 AM-01:00 PM

Date : 22-08-2022

S-18024-2022

Max. Marks : 100

**N.B :**

- 1) All questions are **COMPULSORY**.
- 2) Figures to the right indicate **FULL** marks.
- 3) Draw neat diagrams **WHEREVER** necessary.

**Long answer questions : (Any Three out of Four) [3 x 20 = 60 Marks]**

- Q.1 Define Hathayoga. Describe in detail the syllabus (Abhyaskrma) of Hathayoga.
- Q.2 Explain Bhiranga and Antaranga Yoga.
- Q.3 Define Naturopathy. Describe Mud Therapy and Hydrotherapy in detail.
- Q.4 Describe Naisthikichikitsa and its Path, Satyabuddhi and Tatvasmruti as per Charak Samhita.

**Short answer questions: (Any Two out of Three) [2 x 10 = 20 Marks]**

- Q.5 Describe the Procedure of Performing Bhujangasana and Shalabhasana with their Effects.
- Q.6 Describe the diet for a Yogi Purusha as mentioned in Hathayoga Pradipika.
- Q.7 Explain Shatchakras in detail.

**Short Notes : (Any Four out of Five)**

**[4 x 5 = 20 Marks]**

- Q. 8 Types of Mardana Chikitsa.
- Q.9 Fasting Therapy (Upawas Chikitsa)
- Q.10 Moksha and Mukta Atma Lakshanas.
- Q.11 Yogic Intervention in Musculoskeletal Disorders.
- Q.12 Kapalbhati

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