

DEPARTMENT OF SWASTHAVRITTA

TITLES OF DISSERTATION

Sr.no.	Name	Guide	Year	Title	Remark
1.	Dr. Prachi Dalvi	Dr Bhalsing V.V	2004	Effect of tila taila abhyanaga on mamsadhatupushti of basketball & handball players	Completed
2.	Dr Sachin Mane	Dr Bhalsing V.V	2004	To assess the efficacy of khadir churna for dantadhawan	Completed
3.	Dr Jayashree Patil	Dr Patwardhan R.P	2004	Study of gandusha karma w.s.r godugdha gandhush for mukhapaka in tobacco chewers	Completed
4.	Dr Vivek Lolage	Dr Patwardhan R.P	2004	To assess the efficacy of arjun churna for dantadhawan	Completed
5.	Dr Akash Mankar	Dr Patwardhan R.P	2004	To assess the efficacy of bhujangasana & dhanurasana in katishula in computer user	Completed
6.	Dr Anand Chamat	Dr Bhalsing V.V	2005	To study the efficacy of tila taila padabhyanaga with ophthalmic complaints in computer vision syndrome chewers	Completed
7.	Dr Sanjay Jadhav	Dr Bhalsing V.V	2005	To study the effect of baluka twak kwatha for gandoosha upakrama in tobacco	Completed
8.	Dr Vinod P.N	Dr Deshpande B.S	2005	To study the efficacy of shalabhasana & vajrasana in grudhrasi	Completed
9.	Dr Shital Mahadik	Dr Patwardhan R.P	2005	To study the role of mardwika as food supplement for positive health building	Completed
10.	Dr Mrs. Archana Jadhav	Dr Patwardhan R.P	2005	To assess the efficacy of madhuk kwatha churna for dantadhawan	Completed
11.	Dr Amit Shingare	Dr Bhalsing V.V	2006	To assess the efficacy of matsendrasana in katishoola in two wheeler users	Completed
12.	Dr Sudeep Menon	Dr Deshpande B.S	2006	To study the role of til taila shiroabhyanaga on mentally stressed persons	Completed
13.	Dr Vikrant Pawar	Dr Deshpande B. S	2006	To study the efficacy of karanja churna for Dantadhawan	Completed
14.	Dr Shital Lende	Dr Patwardhan R.P	2006	To study the effect of pawanmuktasana in malavastambha	Completed
15.	Dr.Ujawala Dabade	- Dr Patwardhan R.P	2006	To Study the efficacy of Yukticaparna Kwath Gandush Upakaram in Mukhapak	Completed
16.	Dr. Rahul B. Nakil	Dr Deshpande B.S	2007	“Management of mukhapaka by khadira kavala (Hima)	Completed
17.	Dr. Kunal Shivaji Rasal	Dr Deshpande B.S	2007	“ Study the Efficacy of Shiroabhyanga Upakrama W.S.R.to Till on Nidranash”	Completed
18.	Dr.Chetan D.	Dr.Bhalsing V.V.	2007	“To study the Roll of Pathyakar	Completed

	Khambe			Ahara- Vihara in the Management and Treatment of Sthaulya”	
19.	Dr.Samarat A. Patil	Dr.Patwardhan R.P.	2007	“Study the Efficacy of Vata (Ficus bengalensis) Twak Churna for Dantadhavana”	Completed
20.	Dr Nitin Jathar	Dr Patwardhan R.P	2007	To study the effect of pratimarsha nasya for nasa swasthya in two wheeler users	Completed
21.	Dr. Timsi Shrivastav	Dr.Patwardhan R.P	2008	To study the effect of shalaba sana & bhujangasana for katishool in two wheelers user.	Completed
22.	Dr. Pratyush Kumar	Dr.Patwardhan R.P.	2008	To study the effect of Mahabhringaraja taila shiroabyanga on health w.s.r. to nidranasha.	Completed
23.	Dr. Nalawade Ramchandra Jotiram	Dr. Deshpande B.S	2008	Study the efficacy of Shironbhyanga upakrama by til tail on scalp w.s.r.to twakprasadan	Completed
24.	Dr. Phanikumar P.	Dr. Deshpande B.S	2008	Study the efficacy of Ikshurasa Gandush on oral health with special Ref. to Mukhapaaka.	Completed
25.	Dr. Pangare Rahul Suresh	Dr.Bhalsing V.V.	2008	Comparative study of til tail shriroabhyanga & til tail Padabhyanga upkram on Nidranash.	Completed
26.	Dr. Girish Govindrao Shirke	Dr.Patwardhan R.P.	2009	To study The Effect of Vrukshamla Tail Padabhyanga as A Upakrama W.S.R. to Padadari.	Completed
27.	Dr.Avinash Tiwari	Dr. B. S. Deshpande	2009	A clinical study of Anutaila Pratimarsha Nasya in children w.s.r. to Pratishtaya.	Completed
28.	Dr.Sandeep	Dr.Patwardhan R.P.	2009	To study the effect of Apamarg Kashtha Churna (Achyranthus Aspera Linn.) for Dantadhawana.	Completed
29.	Dr.Anuradha Kharkar	Dr. B. S. Deshpande	2009	To assess the efficacy of Bhujangasana and Shalbhasana in Katishool in PMPML (Pune Mahanagar Pariwahan Mandal Limited) drivers.	Completed
30.	Dr.Ashish S. Mali	Dr.Bhalsing V.V.	2009	To study the effect of Lodhradi Lepa in Mukhadushika (Tarunyapitika).	Completed
31.	Dr Vipul C. Patil	Dr Deshpande B.S.	2010	To study the role of ksheeri Vruksha Hima Kavala on Mukhaswasthaya	Completed
32.	Dr Amit A. Patil	Guide - Dr Deshpande B.S. co-Guide - Dr. Sarwade S.G.	2010	To assess the role of Jambupatra Kwatha Gandusha as upakrama in management of Mukhapaka.	Completed
33.	Dr Rakesh R. Shukla	Dr Patwardhan R.P.	2010	Efficacy of Malati katha churna for Dantadhawana.	Completed
34.	Dr. Archana	Dr. Patwardhan	2010	To study the efficacy of	Completed

		R.P.		Ushtrasana in management of katishula with Manyashula	
35.	Dr. Dhanaji Patil	Guide - Dr. Bhalsing V.V. Co-Guide -Dr. Mrs. Shinde K.E	2010	To study the role of Sakrit Kulatha Yusha as pathyakar Ahara in management of Sthoulya	Completed
36.	Dr. Vivek Dhongdi	Dr. B.S. Deshpande	2011	To study the efficacy of Sharshap taila Karnapurana in Atiyog of Karnendriya w.s.r. to head phone users.	Completed
37.	Dr. Ajay Pardeshi	Dr. R.P. Patwardhan	2011	To study the efficacy of Danta Dhavana as a Upakrama of Dinacharya w.s.r. to Danta Shodhan Churna	Completed
38.	Dr. Rahul jadhav	Dr. R.P. Patwardhan	2011	To study the efficacy of Bhujangasana and Gomukhasana in management of prushthashula	Completed
39.	Dr Rani Jadhav	Dr. V.V. Bhalsing	2011	To study the efficacy of Prapunatadi churna Mukhaudvartana as a preventive aspect in Mukhadushika w.s.r. to Acne vulgaris	Completed
40.	Dr Morale Madhura	Dr. B.S. Deshpande	2011	The effect of Mahisha Ksheera in Nidra nasha	Completed
41.	Dr. Vikram Shelke	Dr. B.S. Deshpande	2012	To assess the role of Arishta Patra Kashaya in the management of Mukha Paka	Completed
42.	Dr. Pawan Kumar	Guide: - Dr. R.P. Patwardhan 2015 co-Guide – Dr Arora Manish	2012	To study the efficacy of Mruttika lepa in Mukhadushika	Completed
43.	Dr. Ashok Kumar	Guide: - Dr. R.P. Patwardhan co-Guide – Dr Arora Manish	2012	To study the efficacy of Dantadhavana Upakrama of Dinacharya w.s.r. to Asana katha Churna	Completed
44.	Dr Sheetal Gupta	Guide: - Dr. V.V. Bhalsing co-Guide -Dr. Mrs. Shinde K.E.	2012	To study the efficacy of Siddharthaadi pralepa in Mukhadushika	Completed
45.	Dr Digish Takkhar	Dr. V.V. Bhalsing	2012	To Study the effect of Madanadi lepa in management of Padadari	Completed
46.	Dr. Bhagyashri patil	Guide - Dr. Bhalsing V. V Co-Guide -Dr. Mrs. Shinde K.E	2013	“To study the efficacy of yogasanas in management of kashtartav (dysmenorrhoea)”	Completed
47.	Dr Vikas Dubey	Guide - Vaidya. R.P. Patwardhan co-Guide – Dr Arora Manish	2013	Assess the role of tilnilotpaladi gandusha in management of mukhapaka	Completed
48.	Dr. Prashant Sarade	Guide – Prof. Vd. Patwardhan R. P. Co-Guide – Dr	2013	Comparative study of Shiro Abhyanga and Yoga Nidra in the management of nidranasha with	Completed

		Arora Manish		special reference to primary insomnia	
49.	Vd. Ketki Wagh	Guide - Dr. Bhalsing V.V. Co-Guide -Dr. Mrs.Shinde K.E	2013	A clinical study of Dharneeya vega in irritable bowel syndrome and its management by Bhramari Pranayam	Completed
50.	Dr. Sagar Rokade	Dr. Bhalsing V.V.	2013	“Efficacy of padapramarjan in the management of padadari”	Completed
51.	Dr. Darishisha. L. Suting	Dr. Patwardhan Ravindra P	2014	“Efficacy Of Vyayama As A Dinacharya Procedure In The Management Of Childhood Obesity - A Clinical Study”	Ongoing
52.	Dr. Swapnil Anil Shinde	Dr. Arora Manish T.	2014	Prevalence of Overweight or Obesity in Adolescent School Children from Pune, India and Reduced Physical Activity as Important Etiological Factor for Childhood Obesity - A Population Study.	Ongoing
53.	Dr.Sarvesh Kumar Yadav	Dr. Mrs.Kirti R. Bhati	2014	“Assess The Effect Of Suryanamaskar In Metabolic Disorders W.S.R. To Sthaulya (Obesity)”	Ongoing
54.	Dr.Shrikant Ingole	Dr. Arora Manish T.	2015	“Efficacy of Jala Neti and Pranayama in the management of Vataja Pratishyaya”	Ongoing
55.	Dr.Saurabh S. Sontakke	Dr. Patwardhan Ravindra P	2015	“Evaluation of Gomukhasana & Shashankasana in the management of Grudhrasi with special reference to sciatica”	Ongoing
56.	Dr.Rutwik Sameer Jamadagni	:- Dr. Patwardhan Ravindra P	2015	“Prevalence of Padadari in specific labour group as an occupational health hazard”	Ongoing
57.	Dr.manisha Mukesh Thakare	Dr. Mrs.Kirti R. Bhati	2015	“ Study the efficacy of specific Yogasanas in the management of stress urinary incontinence in women”	Ongoing
58.	Dr. Ajit Gaikwad	Dr. Bhalsing V.V.	2015	“Prevalence and Assessment of mental stress in police personnel as occupational hazard”	Ongoing