

**F.Y. M. Sc. (Nursing) (2008 Course) : SUMMER - 2019**  
**SUBJECT: CLINICAL SPECIALITY- I : d) MENTAL HEALTH (Psychiatric) NURSING**

Day : Saturday  
Date : 27/04/2019

**S-2019-4347**

Time : 10.00 A.M. TO 01.00 P.M.  
Max. Marks : 75

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**N. B. :**

- 1) All questions are **COMPULSORY**.
  - 2) Figures to the right indicate **FULL** marks.
  - 3) Answers to both the sections should be written in **SEPARATE** answer books.
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**SECTION – I**

**Q. 1** Write short notes on **ANY FIVE** of the following: **(15)**

- a) Circadian Rhythm
- b) Issues and Trends in Mental Illness
- c) Interpersonal Theory of Personality
- d) Psychometric Assessment
- e) Dynamics of Nurse Patient Relationship
- f) Behaviour Response Pattern to Stress
- g) Role of Nurse in Psychopharmacological Therapy
- h) Differentiate between ICD 10 and DSM – IV R

**Q. 2** Answer **ANY TWO** of the following:

- A)** Ms. Shama has the clinical features of persecutory delusion, labile mood, auditory hallucination and is asocial with other members.
- i) Explain the MSE components which should be taken into consideration for the above case. **(03)**
  - ii) What antipsychotic drugs can be used for this patient? **(03)**
  - iii) Write the nursing process based on any two symptoms. **(05)**
- B)** You have undergone an assertive training for 3 months duration at Chennai. You want to implement it for your ward nurses.
- i) Define Assertiveness. **(02)**
  - ii) Describe the behavior components of Assertiveness. **(05)**
  - iii) How will you conduct the thought stoppage technique? **(04)**
- c)** Mr. Zomi is a diagnosed case of mild mental retardation. The team treating him has decided to give Pet Therapy for 3 days a week.
- i) Define Pet Therapy. **(02)**
  - ii) List down the indication and advantages of Pet Therapy. **(05)**
  - iii) Explain the role of Nurse in Pet Therapy. **(04)**

**P. T. O.**

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**SECTION – II**

**Q. 3** Write short notes on **ANY FOUR** of the following: **(16)**

- a) Limbic System and its Role in Mental Health
- b) Mental Health and Mental Illness Continuum
- c) Classification of Complementary Therapies
- d) Object Relation Theory
- e) Types of Involuntary Admission
- f) Role of Nurse During ECT Procedure
- g) Rights of Mentally Ill Patient

**Q. 4** Answer **ANY TWO** of the following:

- A)** Mr. Neo is diagnosed with bipolar mood disorder – Mania type. He has been prescribed mood stabilizers
- i) What is the action of Mood stabilizers **(02)**
  - ii) List down the pharmacokinetics and side effect of Mood stabilizers **(05)**
  - iii) Explain the role of nurse in administering Mood stabilizer **(04)**
- B)** There are 12 clients of substance abuse. You are assigned to give group therapy, in which you have planned to give guided imagery.
- i) Explain Group therapy. **(04)**
  - ii) What are the steps of Guided Imagery? **(03)**
  - iii) What are the other therapies you can administer for substance abuse clients? **(04)**
- c)** You are the in charge sister of Psychiatric Ward. The Matron wants to inspect the documentation of patients.
- i) List down the methods of Documentation. **(04)**
  - ii) Explain the critical pathways. **(05)**
  - iii) List down the principles that you would keep in mind while recording. **(02)**

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Day : Saturday  
Date : 03-05-2014

Time : 9:00AM-TO 12:00NOON.  
Max. Marks : 75

N.B.

- 1) All questions are **COMPULSORY**.
- 2) Figures to the right indicate **FULL** marks.
- 3) Both the sections should be written in **SEPARATE** answer book.

**SECTION - I**

- Q.1** Write short notes on any **FIVE**: (15)
- a) Human rights of mentally ill patient.
  - b) Psychoanalytic theory.
  - c) Barrier of communication.
  - d) Difference between normal and abnormal behaviour.
  - e) Historical development of psychiatric Nursing in India.
  - f) Mental health services in India.
  - g) Types of neurotransmitters.
  - h) Principles of psychiatric nursing.

- Q.2** Long answers **TWO**: (22)
- A)**
- i) Define interpersonal relationship. (02)
  - ii) Goals of interpersonal relationship. (04)
  - iii) Explain the phases of nurse-patient relationship. (05)
- B)**
- i) Define mental health and illness continuum. (02)
  - ii) Explain the national mental health program. (04)
  - iii) Discuss briefly the role of psychiatric nurse extended and expanded. (05)

**OR**

- C)**
- i) Define stress. (02)
  - ii) Explain the psychological adaptation to stress. (04)
  - iii) Discuss the stress management in brief. (05)

**SECTION - II**

- Q.3** Write short notes on any **FOUR**: (16)
- a) Extrapyramidal symptoms.
  - b) Importance of diet in mental health.
  - c) Tricyclic antidepressant.
  - d) Systematic desensitization
  - e) Psychometric assessment
  - f) Process recording

- Q.4** Long answers **TWO**: (22)
- A)**
- i) Define nursing process applied in psychiatric nursing. (02)
  - ii) Explain the cyclic nature and importance of nursing process in psychiatric nursing. (04)
  - iii) Discuss the various methods of recording nursing process in psychiatric nursing. (05)
- B)**
- i) Define behaviour therapy. (02)
  - ii) Enumerate scope and indications of behaviour therapies. (04)
  - iii) Discuss aversion therapy. (05)
- OR**
- C)**
- i) Define alternative systems of medicine. (02)
  - ii) Enumerate various alternative systems of medicine and their scope applied in mental health. (04)
  - iii) Discuss 'Holistic approach' applied in psychiatric nursing. (05)

**F. Y. M. SC. (NURSING) (2008 COURSE) : SUMMER - 2018**

**SUBJECT : CLINICAL SPECIALITY – I: MENTAL HEALTH (PSYCHIATRIC) NURSING**

Day : **Monday**  
Date : **30/04/2018**

**S-2018-3880**

Time : **10.00 AM TO 01.00 PM**  
Max. Marks : 75

**N.B.:**

- 1) All questions are **COMPULSORY**.
- 2) Figures to the right indicate **FULL** marks.
- 3) Answers to both the sections should be written in **SEPARATE** answer books.

**SECTION – I**

- Q.1** Answer **ANY TWO** of the following:
- a)
    - i) Define therapeutic communication. [02]
    - ii) Explain the therapeutic communication techniques. [04]
    - iii) Write in detail about therapeutic nurse patient relationship. [05]
  - b)
    - i) Define process recording. [01]
    - ii) Write the purpose and use of process recording. [04]
    - iii) Explain in detail about outline for Process Recording along with example. [06]
  - c)
    - i) Define self-esteem. [01]
    - ii) Identify the component of self-esteem. [04]
    - iii) Discuss the factors influences manifestation of low self-esteem. [06]
- Q.2** Write short notes on **ANY FIVE** of the following: [15]
- a) Current issues in Nursing
  - b) Mental Health Act
  - c) Role of a Psychiatric Nurse
  - d) Hypnosis
  - e) Causes of stress
  - f) Principle of Psychiatric Nursing

**SECTION – II**

- Q.3** Answer **ANY TWO** of the following:
- a)
    - i) Define stress. [02]
    - ii) Explain adaptation and maladaptation. [04]
    - iii) Discuss adoptive coping strategies in the management stress. [05]
  - b)
    - i) Define ECT. [01]
    - ii) Explain indication of ECT. [04]
    - iii) Mention the pre and post management and role of Nurse in ECT. [06]
  - c)
    - i) Define Guidance and counselling. [01]
    - ii) Explain Liaison Psychiatric Nursing. [04]
    - iii) Mention the steps of Guidance and counselling. [06]
- Q.4** Write short notes on **ANY FOUR** of the following: [16]
- a) Concepts of normal and abnormal behavior
  - b) Interpersonal Model
  - c) Theory of grief
  - d) Milieu therapy
  - e) Civil rights of mentally ill patient

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