

POST BASIC BACHELOR OF SCIENCE (NURSING)
S. Y. P. B. B. Sc. (Nursing) :SUMMER : 2023
SUBJECT : MENTAL HEALTH NURSING

Day : Thursday

Time : 10:00 AM-01:00 PM

Date : 27-07-2023

S-5667-2023

Max. Marks : 75

N.B. :

- 1) All questions are **COMPULSORY**.
 - 2) Figures to the right indicate **FULL** marks.
 - 3) Answer to both the sections should be written in **SEPARATE** answer books.
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SECTION – I

Q.1 Write short answers on any **FIVE** of the following: **(10)**

- a) Group Therapy
- b) Suicide
- c) Admissions of psychiatric patient
- d) Amnesia
- e) Qualities of Psychiatric Nurse
- f) Alcohol Dependence
- g) Neurotic Disorder

Q.2 Write short notes on any **FOUR** of the following: **(16)**

- a) Legal aspects of Mental Health Nursing.
- b) Crisis Intervention
- c) Therapeutic Communication
- d) Principles of Mental Health Nursing
- e) Recreational Therapy
- f) Dementia and Delirium

Q.3 Long answer on any **ONE** of the following :

- A) **i)** Define Depression. **(02)**
ii) Types of Depression. **(05)**
iii) Psychiatric and Nursing Management of Major Depression. **(05)**

OR

- B) **i)** Define Anxiety Neurosis **(02)**
ii) Types of Neurosis **(05)**
iii) Psychiatric and Nursing Management Of Neurosis. **(05)**

SECTION – II

Q.4 Write short answers on any **FIVE** of the following: **(10)**

- a) GAD
- b) EEG
- c) Dissociation
- d) Johari window
- e) Classification of mental disorders
- f) Types of Delusions
- g) Define therapeutic communication

P.T.O.

- Q.5** Write short notes on any **FOUR** of the following: **(16)**
- a) Standards of Psychiatric Nursing
 - b) Process Recording
 - c) Therapeutic Nurse Patient Relationship
 - d) EPS
 - e) Occupational Therapy
 - f) OCD

- Q.6** Long answer on any **ONE** of the following :
- A) i) Define Mania **(02)**
 - ii) Describe the etiology and symptoms of Mania. **(04)**
 - iii) Explain Psychiatric and Nursing Management of Mania. **(05)**

OR

- B) i) Define Personality Disorders. **(02)**
- ii) Enumerate the types of Personality Disorders. **(04)**
- iii) Explain Psychiatric and Nursing Management of border line Personality Disorder. **(05)**

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270723-m-con-pune*

POST BASIC BACHELOR OF SCIENCE (NURSING)
S. Y. P. B. B. Sc. (Nursing) : SUMMER : 2022
SUBJECT: MENTAL HEALTH NURSING

Day : Saturday
Date 23-Apr-2022

S-5667-2022

Time : 10:00 AM-01:00 PM
Max. Marks: 75

N.B.

1. All questions are **COMPULSORY**.
2. Figures to right indicate **FULL** marks.
3. Answer to both the sections should be written in **SEPARATE** answer book.

SECTION-I

- Q.1** Write any **FIVE** short answers: **(10)**
- a) Purposes of process recording.
 - b) Token economy.
 - c) Difference between fear and anxiety
 - d) Catharsis
 - e) Neuroleptic malignant syndrome
 - f) Intelligence Quotient
 - g) Delirium tremens
- Q.2** Write any **FOUR** short Answers: **(16)**
- a) Communication Process
 - b) Components of mental status examination
 - c) Mental health team
 - d) Characteristics of mentally healthy person
 - e) ICD-10 vs DSM-V
 - f) Classification of psychoactive substances
- Q.3** Write Long Answer any **ONE**: **(12)**
- I.**
- a) What is therapeutic communication? 02
 - b) Explain the communication process. 05
 - c) Write the Stages of Nurse-Patient Relationship. 05
- OR**
- II.**
- a) What are personality Disorders? 02
 - b) Clinical features of Schizoid personality disorder 05
 - c) Nursing Management of Schizoid personality disorder 05

SECTION-II

Q.4 Write any **FIVE** short answers: **(10)**

- a) Light Therapy
- b) Aims of National Mental Health Program
- c) Fetishism
- d) Persistent delusional disorder
- e) Signs of suicidal ideation
- f) Nursing precautions in administration of Clozapine
- g) Levels of prevention in community psychiatry

Q.5 Write any **FOUR** short Answers: **(16)**

- a) Nursing Management of Patient with Catatonic Excitement
- b) Conversion disorders
- c) Crisis intervention
- d) Dementia Vs Delirium
- e) Types of admission in psychiatry
- f) Disulfiram administration and role of Nurse.

Q.6 Write Long Answer any **ONE**: **(11)**

- I.**
- a) Define Mania 02
 - b) List etiological factors of mania 04
 - c) Describe nursing management of acute manic state patient. 05

OR

- II.**
- a) What is conduct disorder? 01
 - b) Explain the clinical features and causes of conduct disorder 05
 - c) Discuss the nursing management of conduct disorder 05

S.Y.P.B.B.Sc. NURSING: SUMMER- 2021
SUBJECT:-MENTAL HEALTH NURSING

Day: Monday
Date: 24-05-2021

S-2021-5667

Time: 10:00AM TO 1:00PM.
Max.Marks: 75

N.B.

- 1) All questions are **COMPULSORY**.
- 2) Figures to right indicate **FULL** marks.
- 3) Answers to both the sections should be written in **SEPARATE** answer book.

SECTION-I

Q.1 Write any **FIVE** short answers: **(10)**

- a) Mental health nursing.
- b) Delusion.
- c) Insight.
- d) Mental abuse.
- e) Addiction.
- f) Amnesia.
- g) Characteristics of mentally ill person.

Q.2 Write any **FOUR** short answers: **(16)**

- a) Organic brain syndrome.
- b) Mental status examination.
- c) Phobia.
- d) Psychoanalytical theory.
- e) National mental health act.
- f) Alcohol withdrawal syndrome.

Q.3 Write long answer any **ONE** : **(12)**

- a) Define eating disorders. **(02)**
- b) Types of eating disorders in detail. **(05)**
- c) Management of eating disorders. **(05)**

OR

Q.3 Write long answer any **ONE** : **(12)**

- a) Define functional disorders. **(02)**
- b) Types of functional disorders. **(05)**
- c) Management of functional disorders. **(05)**

(PTO)

SECTION-II

Q.4 Write any **FIVE** short answers: **(10)**

- a) Types of hallucinations.
- b) Write two predisposing factors that cause mental illness.
- c) Name the four phases of therapeutic relationship.
- d) Mention any four techniques of therapeutic communication.
- e) Mention Bleuler four A's".
- f) What is process recording?
- g) Write any two extrapyramidal symptoms.

Q.5 Write any **FOUR** short answers: **(16)**

- a) Enlist the principles of psychiatric nursing.
- b) Group therapy.
- c) Difference between psychosis and neurosis.
- d) Classify sexual disorders. Explain transsexualism in detail.
- e) Sleep disorders.
- f) Rights of mentally ill person.

Q.6 Write long answer any **ONE** : **(11)**

- a) Define Schizophrenia. **(02)**
- b) Enumerate the types of Schizophrenia. **(04)**
- c) Discuss the nursing management of patient with schizophrenia. **(05)**

OR

Q.6 Write long answer any **ONE** : **(11)**

- a) What are Psychotropic drugs? **(02)**
- b) List the various types of psychotropic drugs. **(04)**
- c) Discuss the role of nurse in administering psychotropic drugs. **(05)**

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S. Y. P. B. B.Sc. (NURSING): SUMMER - 2020
SUBJECT: MENTAL HEALTH NURSING

Day: **Monday**
Date: **21-09-2020**

Time: **10:00AM TO 1:00PM.**
Max. Marks: 75

S-2020-5667

N.B.:

- 1) All questions are **COMPULSORY**.
- 2) Figures to the **RIGHT** indicate full marks.
- 3) Answers to both the sections should be written in **SEPARATE** answer book.

SECTION-I

Q.1 Write any **FIVE** short answers: **(10)**

- a) Process recording.
- b) Phobia.
- c) Substance dependence.
- d) Stress.
- e) Principles of Mental health nursing.
- f) Neurosis.
- g) Anxiety.

Q.2 Write any **FOUR** short answers: **(16)**

- a) Classification of mental disorders.
- b) Principles of Mental Health Nursing.
- c) Legal aspects in Mental Health Nursing.
- d) Complications of drug dependence.
- e) Mania.
- f) Therapeutic communication.

Q.3 Write long answer any **ONE**: **(12)**

- a) Define obsessive compulsive disorders (OCD). **(02)**
- b) Clinical features of obsessive compulsive disorders. **(05)**
- c) Nursing management of obsessive compulsive disorders. **(05)**

OR

Q.3 a) Define personality disorders. **(02)**

b) Clinical features of schizoid personality disorder. **(05)**

c) Nursing management of schizoid personality disorder. **(05)**

P. T. O.

SECTION-II

- Q.4** Write any **FIVE** short answers: **(10)**
- Indications of Benzodiazepines.
 - Administration of clozapine and precautions.
 - Light therapy.
 - Aims of National Mental Health Program
 - Electro- convulsive Therapy Team.
 - What is the prevalence of mental retardation in India?
 - Signs to identify the suicidal tendency in a person.

- Q.5** Write any **FOUR** short answers: **(16)**
- Principals of crisis intervention.
 - Prevention of mental retardation.
 - Importance of maintaining the patient's drug compliance.
 - Institutionalization Vs Deinstitutionalization.
 - Suicidal Prevention.
 - Community mental Health Nursing. Definitions and Goals

- Q.6** Write long answer any **ONE**: **(11)**
- What are Antipsychotics? **(01)**
 - Describe the nurses responsibility in administration of the antipsychotic drugs. **(05)**
 - Enlist the extrapyramidal symptoms and explain management of any one. **(05)**

OR

- Q.6** a) Describe the levels of prevention in Mental Health Nursing. **(06)**
b) Describe the role of Nurse in each level. **(05)**

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S. Y. P. B. B. SC. (NURSING) : SUMMER - 2019

SUBJECT: MENTAL HEALTH NURSING

Day: Monday
Date: 15/04/2019

Time: 10.00 A.M. TO 01.00 P.M.
Max. Marks: 75

S-2019-4365

N.B.:

- 1) All questions are **COMPULSORY**.
- 2) Figures to the **RIGHT** indicate full marks.
- 3) Answers to both the sections should be written in **SEPARATE** answer book.

SECTION-I

Q.1 Write any **FIVE** short answers: **(10)**

- a) Abnormal behavior
- b) Dementia
- c) Mental Health Nurse
- d) Hypochondriasis
- e) Psychiatric social worker
- f) Delirium
- g) Mental status exam

Q.2 Write any **FOUR** short answers: **(16)**

- a) Communication Process.
- b) Rehabilitation in substance abuse patient.
- c) Code of ethics in mental health
- d) Suicide.
- e) Commonly abused drugs in India.
- f) Causes of schizophrenia

Q.3 Write long answer any **ONE**: **(12)**

- a) Define personality disorders. **(02)**
- b) Types of personality disorders. **(05)**
- c) Management of personality disorders. **(05)**

OR

- Q.3**
- a) Define Depression. **(02)**
 - b) Causes of Depression. **(05)**
 - c) Management of patient with depression. **(05)**

P. T. O.

SECTION-II

Q.4 Write any **FIVE** short answers: **(10)**

- a) Intelligence Quotient.
- b) Post-natal factors of mental retardation.
- c) Define psychiatric emergency.
- d) Types of crisis.
- e) Token economy.
- f) Neuroleptic malignant syndrome.
- g) Advantages of Deinstitutionalization.

Q.5 Write any **FOUR** short answers: **(16)**

- a) Degree of mental retardations based on IQ level.
- b) Aims of recreational therapy.
- c) Techniques used in behavioural therapy.
- d) Techniques of crisis intervention.
- e) General guidelines in drug administration in psychiatric setup.
- f) Classification of antipsychotic drugs with examples.

Q.6 Write long answer any **ONE**: **(11)**

Mr. Kishor, Age 16 yrs, known case of moderate mental retardation. Currently hospitalized and wounded due to fall at home.

- i) What is the intelligence quotient level of moderate mental retardation? **(02)**
- ii) What is the role of parents in caring the child with mental retardation? **(04)**
- iii) Write the nursing management of Mr. Kishor in relation with his level of mental retardation. **(05)**

OR

- Q.6**
- a) Define Electro Convulsive Therapy (ECT). **(02)**
 - b) List the indications and contraindications of ECT. **(04)**
 - c) Explain the role of nurse in post ECT. **(05)**

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RAJMACH-II: APRIL/ MAY: 2012
SUBJECT: MENTAL HEALTH NURSING

Day: Wednesday
Date: 18-04-2012

Time: _____
Max. Marks: 15

N.B:

- 1) All questions are **COMPULSORY**.
- 2) Put a tick mark in the appropriate box.
- 3) Use blue/ black ballpoint pen, only.
- 4) Section I should be completed in **20** minutes.
- 5) Each question carries **1** mark.
- 6) Students will not be allotted any marks if he/ she overwrites strikes or puts ink on the box once marked.

Seat No. _____

Total Marks Obtained _____

Jr. Supervisor's Signature _____

Signature of the Examiner _____

SECTION-I

Q.1 MCQ

(15)

- 1) The mental health act.
 - a) 1987
 - b) 1920
 - c) 1912
 - d) 1992

- 2) Inability to experience pleasure in any activity is referred to as.
 - a) Anhedonia
 - b) Amnesia
 - c) Acute state
 - d) Clang Association

- 3) Presence of anxiety with severe motor restlessness is referred to as.
 - a) Affective disorder
 - b) Blunted affect
 - c) Addiction
 - d) Agitation

P.T.O.

- 4) Mania involves.
- a) Boundless, frenzied energy fast and too many
- b) Feeling of euphoria
- c) Ideas of coming too
- d) All of the above
- 5) In major depression which of the following is a significant neurotransmitter.
- a) Serotonin
- b) Dopamine
- c) Betacarotine
- d) Acetylcholine
- 6) In schizophrenia when an individual believes they are in danger, this is referred to as.
- a) Delusions of grandeur
- b) Delusions of persecution
- c) Delusions of control
- d) Nihilistic Delusions
- 7) The major drug therapy for Bipolar disorder is.
- a) Chlorpromazine
- b) Lithium carbonate
- c) Clozapine
- d) Benzodiazepine
- 8) Recent evidence suggests that at least some phobias are closely associated with the emotion of.
- a) Anger
- b) Disgust
- c) Exhilaration
- d) Sadness
- 9) In ICD-10 schizophrenia is classified under code.
- a) F-10
- b) F-20
- c) F-30
- d) F-40

P.T.O.

- 10) The most commonly used alcohol deterrent agent is.
- a) Camphor
 - b) Metrogyl
 - c) Lithium
 - d) Disulfiram
- 11) The I.Q. of moderate mentally retarded child is.
- a) 35-50
 - b) 50-70
 - c) 20-35
 - d) > 70
- 12) An absolute contraindication for E.C.T.
- a) Retinal detachment
 - b) Raised Intracranial pressure
 - c) Brain tumors
 - d) Cerebral hemorrhage
- 13) The therapeutic blood level of lithium.
- a) 0.6-1.2 m Eq/L
 - b) 1.2-2 m Eq/L
 - c) > 2.0 m Eq/L
 - d) 0.8-1.2 m Eq/L
- 14) The psychiatric patient admitted by relative through magistrate is known as.
- a) Voluntary admission
 - b) Reception order
 - c) Emergency admission
 - d) Miscellaneous orders
- 15) The first revolution in psychiatry was brought by.
- a) Benjamin Rush
 - b) Clifford Beers
 - c) Sigmund Freud
 - d) Phillip Pinel

RAJMACH-II: APRIL/ MAY: 2012
SUBJECT: MENTAL HEALTH NURSING

Day: Wednesday
Date: 18-04-2012

Time: 9.00 A.M. To 12.00 Noon
Max. Marks: 60

N.B:

- 1) All questions are **COMPULSORY**.
- 2) Figures to the right indicate **FULL** marks.
- 3) Answer to the both sections should be written in the **SEPARATE** answer books.

SECTION-II

Q.1 Write short notes on (**ANY FOUR**): (20)

- a) Write the principles of mental health Nursing
- b) Generalized anxiety disorder
- c) Write the classification of personality disorder and explain antisocial personality disorder
- d) Explain the stages of interview in history collection
- e) Benzodiazepines
- f) Obsessive compulsive disorder

Q.2 Legal aspects in psychiatry. (10)

OR

- a) Define community mental health nursing. (02)
- b) Write model of prevention. (04)
- c) Write the role of nurse in preventive psychiatry. (04)

SECTION-III

Q.3 Write short notes on (**ANY FOUR**): (20)

- a) Admission procedure in psychiatric hospital
- b) Standards of mental health Nursing
- c) Process seconding
- d) Phobia
- e) Anorexia Nervosa
- f) Lithium

Q.4 a) Define mental retardation (M.R.) (02)

b) Explain etiological factors of M.R. (04)

c) Explain Role of Nurse in prevention of M.R. (04)

OR

a) Define mania. (02)

b) Explain clinical features of mania. (04)

c) Write Nursing management for patient with mania. (04)

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RAJMACH - II : SUMMER - 2017
SUBJECT : MENTAL HEALTH NURSING

Day : Monday
Date : 17/04/2017

Time : 01.00 PM TO 04.00 PM
Max. Marks : 60

N.B.

- 1) All questions are **COMPULSORY**.
- 2) Figures to the right indicate **FULL** marks.
- 3) Answers to both the sections should be written in **SEPARATE** answer book.

SECTION - II

- Q.2 Write short notes on any **FOUR**: (16)
- a) Describe the purposes of process recording.
 - b) Stress management
 - c) Mental health team (multidisciplinary team)
 - d) Obsessive-Compulsive disorder
 - e) Depression
 - f) Therapeutic impasses
- Q.3 Write long answers any **ONE**:
- A) i) Define Schizophrenia (02)
ii) Describe the Etiological factors of Schizophrenia. (06)
iii) Write the nursing management for patient with Schizophrenia. (06)
 - B) i) Define substance abuse. (02)
ii) Write the classification of psychoactive substances. (06)
iii) Write the Nursing Management of patient with substance use disorders. (06)

SECTION - III

- Q.4 Write short notes on any **FOUR**: (16)
- a) Mental sub normality
 - b) Preventive psychiatry
 - c) Psychiatric social worker
 - d) Music therapy
 - e) National mental health program
 - f) Behavioural Therapy
- Q.5 Write long answers on any **ONE**:
- A) i) Define crisis (02)
ii) Explain the various types of crisis. (06)
iii) Write crisis intervention. (06)
 - B) i) Define ECT (02)
ii) Write types of ECT (06)
iii) Write nursing management of patient with ECT (06)
- * * *

S.Y.P.B.B.sc. Nursing: SUMMER-2018
SUBJECT: MENTAL HEALTH NURSING

Day: Monday
Date: 16/04/2018

S-2018-3898

Time: -
Max. Marks: 15

N.B.:

- 1) All questions are **COMPULSORY**.
- 2) Put a $\sqrt{\quad}$ mark in a appropriate box.
- 3) Use **BLUE/ BLACK** ball point pen only.
- 4) Section -I should be completed within **15** minutes.
- 5) Each question carries **ONE** mark.
- 6) Students will not be allotted marks if he or she overwrites, strikes or put on the cross once marked.

Seat No.: _____

Total marks obtained. _____

Jr. Supervisor. _____

Examiners Signature. _____

SECTION-I

Q.1 MCQs:

- 1) Motor restlessness is referred to as.
 - a) Akinesia
 - b) Amnesia
 - c) Akathesia
 - d) Echopraxia

- 2) In schizophrenia when an individual believes they are in danger, this is referred to as.
 - a) Delusion of grandeurs
 - b) Delusion of control
 - c) Nihilistic delusions
 - d) Delusion of persecution

- 3) A person's subjective sense of being unreal, strange or unfamiliar.
 - a) Depersonalization
 - b) Derealization
 - c) Delusion
 - d) Déjà vu

- 4) An irrational fear of an object or place.
 - a) Phobia
 - b) Anxiety
 - c) Panic
 - d) Obsession

P. T. O.

- 5) Strong dependence is called.
- a) Deja vu
 - b) Delusion
 - c) Addiction
 - d) Illusion
- 6) An experience of emotion expressed by person is known as.
- a) Acute dystonia
 - b) Affect
 - c) Happiness
 - d) Apraxia
- 7) Pathological imitation of the speech of another is known as.
- a) Compulsion
 - b) Echolalia
 - c) Obsession
 - d) Echopraxia
- 8) Delusions are the disorders in
- a) Memory
 - b) Emotion
 - c) Perception
 - d) Thought
- 9) National mental Health programme was established in.
- a) 1972
 - b) 1982
 - c) 1947
 - d) 2002
- 10) Effect of dance therapy is.
- a) Suppress of feeling
 - b) Decrease body awareness
 - c) Decrease communication
 - d) Develops body awareness

- 11) Optimal size of group therapy.
- a) 1-2 member
 - b) 5-8 member
 - c) 8-10 member
 - d) 40 member
- 12) Earthquakes, nuclear accidents war are the examples for the types of crisis.
- a) Maturation crisis
 - b) Situational crisis
 - c) Social crisis
 - d) Pseudo crisis
- 13) Token economy system is a technique of
- a) Behavioral therapy
 - b) Psychotherapy
 - c) Cognitive therapy
 - d) Psycho- analytical therapy
- 14) Mental retardation is categories in ICD 10 as follows:
- a) F90-F98
 - b) F70- F79
 - c) F60-F69
 - d) F40 – F49
- 15) Aversion therapy used to
- a) Avoid undesirable behavior
 - b) Avoid undesirable symptoms
 - c) To change personality
 - d) To change attitude.

S. Y. P. B. B. SC. (NURSING) : SUMMER - 2018
SUBJECT: MENTAL HEALTH NURSING

Day: **Monday**
Date: **16/04/2018**

Time: **10.00 AM TO 01.00 PM**
Max. Marks: 60

S-2018-3898

N.B.:

- 1) All questions are **COMPULSORY**.
- 2) Figures to the right indicate **FULL** marks.
- 3) Answers to both the sections should be written in **SEPARATE** answer book.

SECTION-II

- Q.2** Write short notes on: (Any **FOUR**) **(16)**
- a) Techniques of therapeutic communication
 - b) Organic psychosis and functional psychosis
 - c) Stages of Dementia
 - d) Medical and social complications of alcohol dependence
 - e) Mania
 - f) General anxiety disorders
- Q.3** Long question: (Any **ONE**) **(14)**
- a) Define schizophrenia. **(02)**
 - b) Describe etiological factors of schizophrenia. **(04)**
 - c) Write the nursing care plan for patient of schizophrenia. **(08)**

OR

- a) Define Depression. **(02)**
- b) Describe clinical features of depression. **(04)**
- c) Write nursing management of a patient with depression. **(08)**

SECTION-III

- Q.4** Write short notes on: (Any **FOUR**) **(16)**
- a) Behavioral therapy
 - b) National Mental Health Programme
 - c) Mental retardation
 - d) Milieu therapy
 - e) Psychiatric social worker
 - f) Role of nurse in preventive psychiatry
- Q.5** Long question: (Any **ONE**) **(14)**
- a) Define Crisis. **(02)**
 - b) List the various types of crisis and explain all types. **(06)**
 - c) Explain crisis intervention. **(06)**

OR

- a) Define psychiatric emergencies. **(02)**
- b) Write psychopathology and clinical features of psychiatric emergencies. **(06)**
- c) Write nursing management of patient with aggression. **(06)**

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